



IT'S TIME TO EXPLORE **LIFE-CHANGING RELIEF**

InterStim™ Basic Evaluation

SAY YES TO THE TEST

Medtronic
Further. Together

SAY YES TO FINDING AN ANSWER

Bladder and bowel control issues affect millions of American adults. Many accept it as part of aging. Or worry it's too embarrassing to discuss. Or assume there's no treatment.

But relief is possible.



For most patients, it takes one simple evaluation and less than one week.

The InterStim™ basic evaluation is like a test run, and there is no long-term commitment. Within a week, results can help you and your doctor decide whether to pursue long-term therapy.

That's power.



HERE'S HOW THE EVALUATION WORKS:

1

Get ready

The simple test starts at your doctor's office or an outpatient center. A thin wire is inserted in the upper part of your buttock and attached to a small, external device that you wear discreetly under your clothes. This device delivers the therapy.

2

Test the therapy

Stop, start, or adjust the therapy with an easy-to-use programmer that resembles a smartphone. Go about most of your regular activities for the next 3–7 days.

3

Review results

After your evaluation, talk to your doctor about the results. Your doctor may refer you on to long-term treatment or continue testing using the InterStim™ advanced evaluation.

Complications can occur with the evaluation, including tissue damage, infection, and technical problems with the device.

"The test was quick and easy. I wish I would have done it sooner."

~ Diane B.
Living with OAB

SAY YES TO THE TEST

Talk to your doctor about whether the InterStim™ basic evaluation is right for you. Learn more by visiting [medtronic.com/bladder](https://www.medtronic.com/bladder) or [medtronic.com/bowel](https://www.medtronic.com/bowel).

SAY YES TO GETTING YOUR LIFE BACK



Medtronic Bladder Control Therapy delivered by the InterStim™ system treats urinary retention (inability to completely empty the bladder) and the symptoms of overactive bladder, including urinary urge incontinence (leakage) and significant symptoms of urgency-frequency. It should be used after you have tried other treatments such as medications and behavioral therapy and they have not worked, or you could not tolerate them. This therapy is not intended for patients with a urinary blockage.

Safety and effectiveness have not been established for pregnancy and delivery; patients under the age of 16; or for patients with neurological disease origins.

Medtronic Bowel Control Therapy delivered by the InterStim™ system treats chronic fecal incontinence (an accident or leaking involving stool). It should be used after you have tried other treatments such as medications and dietary modifications and they have not worked, or if you are not a candidate for them.

Safety and effectiveness have not been established for pregnancy and delivery; patients under the age of 18; or for patients with progressive, systemic neurological diseases.

Medtronic Bladder Control Therapy and Medtronic Bowel Control Therapy: You must demonstrate an appropriate response to the evaluation to be a candidate. You cannot have diathermy (deep heat treatment from electromagnetic energy) if you have an InterStim™ device.

In addition to risks related to surgery, complications can include pain at the implant sites, new pain, infection, lead (thin wire) movement/migration, device problems, interactions with certain other devices or diagnostic equipment such as MRI, undesirable changes in urinary or bowel function, and uncomfortable stimulation (sometimes described as a jolting or shocking feeling).

This therapy is not for everyone. This treatment is prescribed by your doctor. Please talk to your doctor to decide whether this therapy is right for you. Your doctor should discuss all potential benefits and risks with you. Although many patients may benefit from the use of this treatment, results may vary. For further information, please call Medtronic at 1-800-328-0810 and/or consult Medtronic's website at www.medtronic.com.

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